## **December Open Gym 2025**

	1	2	3	4	5	6
	9am-12pm	9am-12pm	9am-12pm	9am-12pm		
	1pm-5pm	1pm-5pm	1pm-5pm	1pm-5pm	9am-4pm	
	Strength &	Strength &	Strength &	Strength &		
	Stretch 9:30am &	Stretch 9:30am	Stretch 2:30pm	Stretch 9:30am		
	2:30pm					
7	8	9	10	11	12	13
	9am-12pm	9am-12pm	9am-12pm	9am-12pm		
	1pm-5pm	1pm-5pm	1pm-5pm	1pm-5pm	9am-4pm	
	Strength &	Strength &	Strength &	Strength &		
	Stretch 9:30am &	Stretch 9:30am	Stretch 2:30pm	Stretch 9:30am		
	2:30pm					
14	15	16	17	18	19	20
	9am-12pm	9am-12pm	9am-12pm	9am-12pm		
	1pm-5pm	1pm-5pm	1pm-5pm	1pm-5pm	9am-4pm	
	Strength &	Strength &	Strength &	Strength &		
	Stretch 9:30am &	Stretch 9:30am	Stretch 2:30pm	Stretch 9:30am		
	2:30pm					
21	22	23	24	25	26	27
	9am-12pm	9am-12pm				
	1pm-5pm	1pm-5pm	*9am-12pm*	CLOSED	CLOSED	
	Strength &	Strength &	•		<u> </u>	
	Stretch 9:30am &	Stretch 9:30am				
	2:30pm					
28	29	30	31	Jan 1	Jan 2	
	9am-12pm	9am-12pm	9am-12pm			
	1pm-5pm	1pm-5pm	1pm-5pm	CLOSED	9am-4pm	
	Strength &	Strength &	Strength &			
	Stretch 9:30am &	Stretch 9:30am	Stretch 2:30pm			
	2:30pm					

 $<sup>\</sup>ensuremath{^{*}}$  Indicates differing than normal open hours that day