

# KEEPING OUR COMMUNITY healthy

### A TRIBUTE TO OUR HEALTHCARE WORKERS



CRESCENT COMMUNITY HEALTH CENTER ANNUAL REPORT 2020



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### MISSION

Crescent Community Health Center provides high-quality, respectful and affordable medical and dental care to improve the health and well-being of our community.

### VISION

Quality care for all, resulting in a healthy community.

### VALUES

### Accessibility

We believe all individuals, regardless of ability to pay, should have access to quality healthcare services and the opportunity to be integrated with people who have the means to pay.

### Collaboration

We believe collaboration and affiliation with other providers/agencies will strengthen our program with regard to levels of care and breadth of services.

### Diversity and Dignity

We value diversity and believe in the dignity of each person.

### Quality

We believe that the highest standard of care should be available for all. We exist to enhance and promote the health and well-being of everyone through education, prevention and treatment.

### Advocacy

We will represent the people we serve and promote the right of everyone to receive the highest quality healthcare.

### Service

We believe every aspect of our services provided by a caring staff should reflect that meeting the needs of each client is paramount to the dignity of each person.

### Support

We believe families are successful with community support, and our communities can and should work together for the needs of all in the tristate area.





### **KEEPING OUR COMMUNITY HEALTHY** IN TIMES OF UNCERTAINTY

Dear Friends of Crescent Community Health Center,

Celebrating the first year in our new building started off well as we exceeded expectations in the early months of 2020. Our providers and staff welcomed many new patients to their new health center. We were well positioned for double-digit patient growth in the first months of the new year. We all remember what happened next when the World Health Organization (WHO) declared COVID-19 a global pandemic in March 2020. The world changed. We would be charting a path into a challenging year quite different than any other ever known.

The pandemic brought many changes to our health center operations. We would now quickly adjust to screen patients entering the building, improve social distancing, increase/ expand capacity for greater demand and ensure we could safely see patients while the unwavering pandemic intensified. Within weeks of the WHO announcement, we were seeing 90% of our patients via telehealth. During 2020, we also embarked on the expansion of a Brain Health Clinic in our existing building and moved forward with plans for an on-site Quick Care Clinic. Crescent Community Health Center (Crescent) saw nearly 7,100 patients in 2020, which is approximately 9% higher than the previous year.

Our work on the comprehensive strategic plan in 2019-2020 laid the groundwork for a tidy future vision inclusive of robust leadership development, outreach, innovative partnerships and creative solutions. The Crescent team led efforts to ensure brain health, expanded dental services, family planning services and guality-driven medical care would thrive. Efforts were renewed to focus on ensuring health equity was at the forefront of strategic decision-making. Crescent was recognized in 2020 for quality leadership by Health Resources and Services Administration (HRSA). Additionally, Crescent received a grant from HRSA to enable a clearer emphasis on hypertension, an important aspect of our spectrum of care.

The success of any organization is within the strength of the collective team working with a mission-driven board of directors. It is an honor to work with such dedicated professionals, volunteers, and leaders each day. This year will be recognized by the WHO as the "Year of Health and Care Workers 2021" which is a fitting honor for our devoted team. Join me in thanking these tireless unsung heroes as we also celebrate our 15-year anniversary in 2021!

Thank you for your continued support as we look forward to the exciting year ahead!

In health and with gratitude,

Hung aller

Gary Collins, CEO

Ann Decker, Board Chair

annluke

## FUNDAMENTAL LEADERSHIP

The unified board of directors, executive leadership team and providers guide each department, special initiative and service to achieve Crescent's vision of quality care for all, resulting in a healthy community.

Over half of our board of directors is comprised of patients to ensure major decisions for Crescent are made with patient input. As a result, we are held accountable to the unique needs of our community. In addition to valued consumer input, our board has expertise in marketing, healthcare, public health, legal counsel, small business, finance and non-profits.

Together, with their direction, our teams are improving the patient experience through increased access to affordable, respectful and high-quality care.

### **BOARD OF DIRECTORS**

Ann Decker, Board Chair; Mary Rose Corrigan, Immediate Past Chair; Mike Muench, Vice Chair; Lynee Robson, Treasurer; Chris Williams, Secretary; Deb Hickmon, Robin Kennicker, Stephanie Martin, Jim Miller, Gary Runde, Stanley Samson, Matt Schmid, Maxine Tone

#### **EXECUTIVE LEADERSHIP**

Gary Collins, Chief Executive Officer; Brooke Gomez, Chief Operating Officer; Dr. Heather Kruse, MD, Medical Director; Barb O'Hea. Director of Mission Advancement and Community Relations; Dr. Marco Rouman, DDS, Chief Dental Officer; Jennifer Steines, Chief Financial Officer; Josh Yeltman, Director of People and Performance Leadership

#### PROVIDERS

Dr. Jeffry Breitbach, DDS; Katie Campbell, PMHNP; Penny DeBuhr, CDH; Jon Decker, LMHC; Juanita Furry, CDH; Michele Ganshirt, ARNP; Dr. Lydia Goodson, DDS; Cathy Hawyard, CDH; Tammy Kloser, CDH; Rachel Ploessl, ARNP; Heather Rickertsen, PharmD; Mindy Roberts, PMHNP; Dr. Susan Roewe, MD; Dr. Karissa Sanchez Traun, MD; Benjamin Shaw, LISW; Christina Steele-Lietz, LISW; Desiree Steger, ARNP; Dr. Kevin Stingley, DDS; Tara Wepking, ARNP; Jennifer Zalaznik. ARNP

### **BOARD OF DIRECTORS**



### **EXECUTIVE LEADERSHIP**



### **PROVIDERS**















5







































### HEALTHCARE HEROES

The spread of COVID-19 presented shocking challenges for health centers across the country. With a team dedicated to ensuring patients had continued access to healthcare services, we refined processes and technology to meet the challenge. One of the biggest advances was the quick adaptation of technology to offer telehealth appointments, allowing our patients seamless access to their providers.

A number of precautionary measures were taken to keep employees safe while at work. Highefficiency air purifiers were mounted in all dental operatories and medical exam rooms. An N95 mask sterilizer was installed allowing for the re-use of masks and autoclavable gowns, resulting in less waste of valuable personal protective equipment (PPE). The dental clinic implemented the use of dry shields, iodine-based mouthwash, continuous suction with isolation and high-volume evacuation systems.

Since March 2020, Crescent administered more than 1,000 COVID-19 tests including participation in two community-wide testing sites and collaboration with the Visiting Nurse Association (VNA) on contact-trace testing for disparate populations.

Without the active participation, dedication and support of the entire Crescent team, 2020 would not have been a success both as an organization and for our valued patients. Our gratitude for the staff extends far beyond anything we could have imagined.







# **QUALITY** COUNTS

In 2020, Crescent was again named a Health Center Quality Leader, an award given by HRSA. As a Health Center Quality Leader, Crescent achieved the best overall clinical performance among all health centers in the United States, placing in the top 30% of the adjusted quartile rankings for clinical quality measures.

Health centers qualify for this award based on critical national benchmarks including chronic disease management, preventative care and brain health.

Crescent has always prioritized quality, affordability and access. This HRSA award demonstrates the continued efforts of our providers and staff to strive for the best

- 51% of patients with diabetes have gained control of their condition.
- 57% of patients with hypertension now have controlled blood pressure.
- 98% of tobacco users participated in counseling to reduce use.
- 45% of eligible patients received colorectal cancer screenings.
- plan documented.
- nutrition counseling if needed.

patient outcomes while remaining affordable and accessible to all.

Crescent served 7,043 patients in 2020, an 8.9% increase compared to 2019. These patients comprised a total of 20,942 clinic and telehealth visits, an 11.4% increase compared to 2019. Of these visits, 37% were medical visits, 44% were dental visits and 19% were brain health visits. It is rare among health centers that dental appointments outweigh medical appointments, which points to the unique access and care needs in our community.

Preventative care benchmarks which qualified Crescent for the HRSA award include:

81% of eligible patients were screened for depression and, if tested positive, had a follow-up

69% of children received a weight assessment and participated in physical activity and

# **KEEPING OUR** COMMUNITY HEALTHY

Crescent first opened in October of 2006, led by a group of dedicated board members and generous community supporters who identified the need for primary medical and dental care for underserved populations.

For nearly 15 years, Crescent has been providing access to primary healthcare services to those in our tri-state communities who need them most. Our doors are open to everyone including families and children, elderly, homeless, those who are uninsured, on Medicaid or have private insurance. No one is ever turned away.

### 2020 METRICS TO NOTE

- 9% growth in patient volume
- 66% of patients are in the 100% or below Federal Poverty Line (FPL), a 20% increase from 2019
- 257 veterans, an increase from 214 in 2019
- 564 patients best served in a language other than English
- 686 Hispanic/Latino(a) patients
- 35% of medical patients were tested for HIV
- Provided PrEP (HIV exposure/prevention) to 772 patients
- 75% of children 6 9 years old seen in dental had sealants applied



### 2020 BY THE NUMBERS







8.055 Dental Visits Medical Visits

9 075

3.812 **Brain Health** Visits





3.912 3,131 Women Men



Pacific Islander

543

35

78

41

151

30

414

27

173

116

5.435

20,942 Clinic Visits\*





24.440 Prescriptions Written



1.042 **Open Enrollment** Assists

7,043 Patients Served



1.667 Children



African American

686 Hispanic

Service Area





# DEFINING MOMENTS

In fall 2020, Crescent expanded the dental scope of practice to offer reconstruction phase treatments focusing on dentures. This expansion of services includes full dentures, removable partial dentures, crowns and bridges. As with all Crescent services, these treatments will be offered on a sliding fee scale based on each patient's income. Crescent is forecasting 275 denture procedures to be completed in 2021.

A smile helps build confidence for a job seeker, a patient experiencing lifelong dental struggles, or a person simply trying to navigate day to day, but their smile holds them back due to missing teeth. The cost of dentures is unattainable for many in our patient population and this opportunity brings a beautiful smile within reach. There are many self-pay patients seeking this treatment. Partials can cost \$550 and a complete device can cost \$850. Looking ahead, our goal is to develop a fund to support this program bringing even more smiles to our patients.

### MEET CRAIG

Craig has used dental services at Crescent previously but was glad to hear we would now be offering dentures. Prior to Crescent providing this service, Craig would have had to travel to lowa City to obtain dentures due to his insurance.

When asked what he was looking forward to the most now that he has this beautiful set of teeth, he answered simply, "SMILE!" Craig shared that his teeth have been a lifelong problem that have caused him great hardship and heartache over the years.

He tearfully stated that because of this service, he has many new opportunities and things to look forward to. The thing he was happiest about is that we are going to be helping many other people like him.



### PATHWAYS TO LIFESAVING PHARMACEUTICALS

The 340B Drug Pricing Program allows Crescent to obtain discounted prices on "covered outpatient drugs" from drug manufacturers. By lowering how much patients pay for pharmaceuticals, 340B enables Crescent to make drugs affordable for lowincome uninsured and underinsured patients while supporting other key services that expand access to the medically vulnerable.

For more than 25 years, the 340B program has been at the intersection of health centers' ability to manage three primary goals: access, quality and financial viability.

- Access 340B enables health centers to ensure patients can afford prescribed medications, particularly underserved and uninsured patients.
- Quality Pharmaceuticals enable health centers to treat acute conditions, manage chronic disease and optimize health outcomes.
- Financial viability 340B savings enable health centers to support key patient care services that may otherwise be unfunded and unavailable to patients.

Crescent leverages savings from the 340B program on behalf of all Crescent patients, regardless of income or ability to pay, to ensure access to safe and appropriate medications. This savings generates enormous community benefit by allowing us to reinvest savings in our care model for all patients.

### **CRESCENT 340B STATS**

- One in every five Crescent patients access 340B medications.
- For every insured patient, Crescent covers the costs for five uninsured patients.
- Crescent patients pay \$170 on average for a year's supply of medication.
- Crescent covers \$180 annually toward patient pharmacy copay costs.





# REVOLUTIONIZING **BRAIN HEALTH**

Due to the COVID-19 pandemic, the need for accessible brain health services across the country has never been higher. Crescent has revolutionized the accessibility to affordable, high-quality brain health services in our community. Since opening the brain health clinic in 2018, the department has grown to five providers serving 1,127 patients with 3,812 visits in 2020. This is a 685% increase from 485 brain health visits in 2019. The brain health team of providers work with patients dealing with trauma, anxiety, mood disorders and personality disorders.

With demand skyrocketing, we strategically built out a new space and moved the brain health clinic to the second floor of our building increasing capacity by 186%. The build-out and increase in providers is attributing to the significant growth, as both are factors in Crescent's ability to achieve the projected 5,900 visits for fiscal year 2021.

Crescent's brain health clinic serves patients with an integrated care model, one of the many factors setting it apart from other clinics. This means, patients with brain health issues establish and participate in routine care with our medical and brain health departments. The integrated model allows for ongoing collaboration between departments and care coordination. The medical and brain health clinics share the same medical records, which allows for information sharing between departments as necessary.

"Brain health matters, it affects our overall health, relationships and livelihood. Without critical access to affordable brain health services our patients would have no where to seek the help they desperately need. We all have a story and need the opportunity to tell it."

- Jon Decker, Senior Leader of Brain Health





# REMOVING BARRIERS TO OPTICAL HEALTH

For more than 14 years, Crescent has partnered with Klauer Optical to offer our patients affordable prescription glasses. Starting in spring 2021, Crescent and Klauer will now partner to offer on-site optical care and vision services. Vision loss is a very serious public health challenge, especially among those battling chronic conditions like diabetes, which affected 618 Crescent patients in 2020.

According to the Centers for Disease Control and Prevention (CDC), more than 3.4 million Americans aged 40 years and older are blind (having a visual acuity of 20/200 or less or a visual field on 20 degrees or less) or visually impaired (having a visual acuity of 20/40 or less). The major causes of vision loss are cataracts, age-related macular degeneration, diabetic retinopathy and glaucoma. For many people, the biggest barrier is access to care.

Thanks to more than \$20,000 in generous grants from the Dubuque Racing Association (DRA), Crescent has purchased visual field equipment and an IDx-DR device, the first FDA-approved artificial intelligence device capable of screening for diabetic retinopathy. With the removal of both accessibility and affordability barriers, Crescent is anticipating that at least 250 patients will have received on-site optical services from Klauer by the end of 2021. This is more than one third of the diabetic patient population.



## MANAGING RESOURCES

Throughout fiscal year 2020, Crescent maintained strong financial performance while continuing to experience an increase in demand for our services. Crescent cared for more than 7,000 patients with 20,942 clinic and telehealth appointments.

Our partnerships with Mercy Family Pharmacy, Infocus Pharmacy Services, Envision Consulting Pharmacy Services, United Clinical Lab, Iowa Primary Care Association and Iowa Health+ have continued to flourish, enabling Crescent to provide our patients affordable access to even more services.

Crescent continues to be a crucial provider for both primary and complex healthcare. As a result, we are continually expanding services to meet the demand while fulfilling national quality standards.

### 2020 FINAN

PATIENT SERVICE REVE **GRANT REVENUE** CONTRIBUTIONS OTHER REVENUE TOTAL REVENUE

SALARIES & WAGES

EMPLOYEE BENEFITS

SERVICES & PROFESSIO

SUPPLIES & OTHER

OCCUPANCY

DEPRECIATION

TOTAL EXPENSES

87

**OPERATING INCOME** 

7,043

DISTINCT PATIENTS FROM THE TRI-STATE AREA SERVED **BY CRESCENT IN** 2020.

NUMBER OF EMPLOYEES

CIAL OVERVIEW	
EVENUE naudited)	
ENUE	\$6,082,000
	\$2,934,000
	\$666,000
	\$536,000
	\$10,218,000
PENSES	
	\$4,362,000
	\$962,000
ONAL FEES	\$1,586,000
	\$1,795,000
	\$241,000
	\$442,000
	\$9,388,000
	\$830,000

### A COMMUNITY ASSET

### \$4,362,000

SALARIES AND WAGES PAID TO EMPLOYEES

### \$962,000

**BENEFITS PAID** TO EMPLOYEES (RETIREMENT, HEALTH, DENTAL AND LIFE INSURANCE).



# GIVING GRATITUDE

On behalf of the entire extended Schmid, Christensen, Piekenbrock and Rhomberg families, we want to offer our sincerest message of gratitude to the entire Crescent team and the wonderful members of our community who have supported Crescent's mission for the past 15 years.

We are all so proud of Crescent's staff and their dedication and commitment to serving our most vulnerable population with their medical, dental and brain health care. You truly are saving lives.

It is humbling to know that 2021 is being honored as the Year of Health and Care Workers by the World Health Organization. You are all deserving of this admirable recognition.

Congratulations on your continued success and growth at Crescent Community Health Center.

With gratitude, Janet Rhomberg and Mary Schmid

# CELEBRATING 15 LEAPS Crescent Community HEALTH CENTER



### **JUR DONORS**

Crescent would like to thank the many families, individuals, local healthcare providers, employees, businesses and foundations whose contributions make our work possible. The following list includes donors who made gifts or grants during calendar year 2020.

100+ Women Who Care Dubuque Tina and Dave Adams Linda A Augustin Wilma (Sam) Bauer David and Amy Becker Tricia Behnke **Constance Bellaver** Veronica "Ronnie" Bender Reverends Dr. Ken and Nancy Bickel Black Hills Corporation Foundation Michele Black Paul and Jean Blaser Brakebush Brothers, Inc. Paul and Judy Brandt Shirley Briggs Dr. Scott and Sandra Cairns Colleen Callahan Marcelline Capesius Melanie Carbine Center Grove United Methodist Church Wayne and Patty Chandlee Dr. Mike and Laura Chapman Church of the Nativity City of Dubuque City of Dubuque: Sustainable Dubuque Gary Collins and Clay Gibson Joyce and Tom Connors Paula Connors and Paul Opperman Cottingham & Butler Dr. Brian and Michelle Covey Kevin and Maureen Crahan Helen Cremer Crescent Electric Charitable Foundation Michael and Mary Daugherty Rick and Ann Decker Paul and Myra DeLong Dubuque Bank & Trust **Dubuque Screw Products** Linda Duehr Margaret and Patrick Dunham Dupaco R.W. Hoefer Foundation Dr. Thomas and Judith Edmonds **Envision Mental Health Endowment Envision Sports Design Barb Featherston** Tom Feller Fidelity Bank and Trust Sara Forrest Franciscan Sisters of Perpetual Adoration Chad Frank

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Kari Lammer Dr. and Mrs R W Lengeling Bill and Colleen Lester Ali Levasseur James and Sue Lindsay Dr. Sara Loetscher and Sarah Ortmann Sr. JoAnn Lohrman Jon Luckstead John and Joan Lux Sister Mary Anne Lynch, BVM Dr. Ross and Sally Madden Mike and Judy McCoy Cathy McDermott Rachel McDermott Trish McDonald McDonough Foundation MercyOne Dubuque Foundation Jim Miller Don and Shirley Moody Tim and Mary Moothart Sr. Mildred Nachtman New Melleray Abbey Community Next Level - Eric Dregne Corbin Nielsen Randal and Doris Nigg Keith Nilles Connie Norby Paula Norby John and Mary Beth O'Connor Karla O'Connor Barb and Dave O'Hea Jack O'Hea Patrick and Darlene O'Neill Order of the Eastern Star Catherine Orme Sr. Marcella O'Rourke, BVM Wendy O'Rourke Bob and Ann Osterhaus Angela Petsche Patricia Piekenbrock Jillayne and Brad Pinchuck **Prudential Retirement** Rainbo Oil Company Lauren Reynolds Janet Rhomberg Jim and Nancy Rhomberg Roger and Cathy Rhomberg Jacquelyn Rice, BVM Heather Rickertsen James Ridley

Rod and Lynee Robson Arthur and Dianne Roche Phillip and Judy Ruppel Jane Rusk Michael and Anita Santillo Brian and Lynette Schatz Ron and Julie Schlader Elizabeth and Michael Schmid Fric Schmid James A. and Mary Schmid Family Charitable Foundation Julie Schmid Karen Schmid Mary Schmid Matt and Eva Schmid Mike and Libby Sullivan Family Fund Paul and Sue Schramm **Robert Schreiber** Dorothy Schwendinger Sharon Scully Bob and Barb Shafer Sisters of Charity of the BVM Sisters of Mount Saint Francis Sisters of the Presentation Sisters of the Visitation Spahn and Rose Lumber Company St. Luke's United Methodist Women St. Raphaels Cathedral Sr. Mary Arnold Staudt Jennifer and Kevin Steines Suzanne Holtz and Steve Ellsworth Sr. Dorothy Stoll Straka Johnson Architects Jiwei Sub Ann Sweeney Ken and Marlene Tekippe Chris and Pamela Theisen Colleen Theisen Jim and Marita Theisen Kenneth and Mary Theisen Theisen's Home, Farm, Auto Adria Tingey TRICOR Jean Tucker Union Hoermann Press United Way of Dubuque Area Tri-States Michael and Nancy Van Milligen Larry and Julie Vogt Roger and Lynn Vogt John and Alice Vontalge Wahlert Foundation Bob and Donna Wahlert Dave and Nancy Wahlert Catherina Walsh, BVM Dr. Dave and Amy Weber

Kathleen Weber

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Jim White Dave Yonda Judy Zmolek

### **IN-KIND**

Hy-Vee Asbury Jimmy Johns Pita Pit Your Pie

- Mary C Weidemann Wertzberger Family Endowment Jack Wertzberger
- Michael and Tess Wertzberger Thomas and Mary Wertzberger
- Dennis and Susan Williams
- Laura and Chad Witthoeft
- Rich and Marcia Young
- Accessorize Me, LLC **Big Apple Bagels**
- Sundown Mountain Resort

### **IN MEMORIAM**

Our heartfelt condolences to those that lost loved ones in the year. We all know of family, friends or co-workers that were impacted by COVID-19. May the memories of your loved ones bring you comfort during these difficult times.



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