Changes are coming to Iowa Medicaid

Beginning December 1, 2026, Iowa Health and Wellness Plan (Medicaid Expansion) members ages 19-64, including those enrolled with Wellpoint, Molina Healthcare, and Iowa Total Care, will be subject to community engagement requirements.

Do community engagement requirements apply to you?

Are you a specified excluded individual?

- Medically frail
- In a drug or alcohol rehab program
- Caretakers of children under age 14
- Meet SNAP or TANF work requirements
- American Indian/Alaska Native
- Former foster children
- Pregnant or postpartum individuals
- Individuals currently incarcerated
- Veterans with a total disability rating

Yes → **Community engagement requirements do not apply to you.**

No → **You must complete 80 hours of qualified activities a month.**

You may still qualify for an exception from community engagements.

Do you qualify for an exception?

- Entitled or enrolled in Medicare Part A or B
- Receive supplemental security income
- Released from jail in the last 90 days

Yes → **You are considered compliant for as many month(s) as you have the exception.**

No → **You must complete 80 hours of qualified activities a month.**