

## September Open Gym 2024

	2 <b>CLOSED</b>	3 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	4 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 2:30pm</b>	5 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	6 9am-4pm	7
8	9 9am-12pm 1pm-5pm	10 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	11 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 2:30pm</b>	12 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	13 9am-4pm	14
15	16 9am-12pm 1pm-5pm	17 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	18 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 2:30pm</b>	19 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	20 9am-4pm	21
22	23 9am-12pm 1pm-5pm	24 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	25 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 2:30pm</b>	26 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	27 9am-4pm	28
29	30 9am-12pm 1pm-5pm	Oct-1 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	Oct-2 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 2:30pm</b>	Oct-3 9am-12pm 1pm-5pm <b>Strength &amp; Stretch 9:30am</b>	Oct-4 9am-4pm	31