

Specified Excluded Individual Categories:

Inmate of a Public Institution or Recently Released

Beginning December 1, 2026, individuals enrolled in the Iowa Health and Wellness Plan (Medicaid Expansion) must complete 80 hours of qualifying work, school, training, or volunteer activities each month to maintain Medicaid coverage.

Specified excluded individuals, including those who are incarcerated or recently released, are not subject to these requirements.

Currently Incarcerated Individuals

- Individuals who are incarcerated are excluded from community engagement requirements.
    - Medicaid coverage is paused during incarceration and reinstated immediately upon release.

Recently Released Individuals

- Individuals released from incarceration within the past three months are automatically considered compliant with community engagement requirement.
    - This designation provides a transition period before they need to demonstrate compliance on their own.

Scan for more information: