

February Open Gym 2023

			1 9am-12pm 1pm-4pm 2pm Low Impact Strength	2 9am-12pm 1pm-4pm	3 9am-11am	4
5	6 9am-12pm 1pm-4pm	7 9am-12pm 1pm-4pm	8 9am-12pm 1pm-4pm 2pm Low Impact Strength	9 9am-12pm 1pm-4pm	10 9am-11am	11
12	13 9am-12pm 1pm-4pm	14 9am-12pm 1pm-4pm	15 9am-12pm 1pm-4pm 2pm Low Impact Strength	16 9am-12pm 1pm-4pm	17 9am-11am	18
19	20 9am-12pm 1pm-4pm	21 9am-12pm 1pm-4pm	22 9am-12pm 1pm-4pm 2pm Low Impact Strength	23 9am-12pm 1pm-4pm	24 9am-11am	25
26	27 9am-12pm 1pm-4pm	28 9am-12pm 1pm-4pm				31