

Specified Excluded Individual Categories:

Participant in a Drug or Alcohol Rehabilitation Program

Beginning December 1, 2026, individuals enrolled in the Iowa Health and Wellness Plan (Medicaid Expansion) must complete 80 hours of qualifying work, school, training, or volunteer activities each month to maintain Medicaid coverage.

Specified excluded individuals, including those participating in a drug or alcohol rehabilitation program, are not subject to these requirements.

- The State of Iowa will determine which rehabilitation and treatment programs qualify for this exclusion, including:
  - What organizations qualify as approved treatment programs.
  - The minimum length of participation in a treatment program required to qualify as a specified excluded individual.

- Individuals in a qualifying treatment program would also meet the medical frailty exclusion due to having a substance use disorder.

Scan for more information: