

September Open Gym 2025

	1 <u>CLOSED</u>	2 9am-12pm 1pm-5pm Strength & Stretch 9:30am	3 9am-12pm 1pm-5pm Strength & Stretch 2:30pm	4 9am-12pm 1pm-5pm Strength & Stretch 9:30am	5 9am-4pm	6
7	8 9am-12pm 1pm-5pm Strength & Stretch 9:30am & 2:30pm	9 9am-12pm 1pm-5pm Strength & Stretch 9:30am	10 9am-12pm 1pm-5pm Strength & Stretch 2:30pm	11 9am-12pm 1pm-5pm Strength & Stretch 9:30am	12 9am-4pm	13
14	15 9am-12pm 1pm-5pm Strength & Stretch 9:30am & 2:30pm	16 9am-12pm 1pm-5pm Strength & Stretch 9:30am	17 9am-12pm 1pm-5pm Strength & Stretch 2:30pm	18 9am-12pm 1pm-5pm Strength & Stretch 9:30am	19 9am-4pm	20
21	22 9am-12pm 1pm-5pm Strength & Stretch 9:30am & 2:30pm	23 9am-12pm 1pm-5pm Strength & Stretch 9:30am	24 9am-12pm 1pm-5pm Strength & Stretch 2:30pm	25 9am-12pm 1pm-5pm Strength & Stretch 9:30am	26 9am-4pm	27
28	29 9am-12pm 1pm-5pm Strength & Stretch 9:30am & 2:30pm	30 9am-12pm 1pm-5pm Strength & Stretch 9:30am	Oct 1 9am-12pm 1pm-5pm Strength & Stretch 2:30pm	Oct 2 9am-12pm 1pm-5pm Strength & Stretch 9:30am	Oct 3 9am-4pm	