

# September 2022 – Open Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 9:00am-12:00pm 1:00-4:00pm	<b>2</b> 9:00-11:00am	<b>3</b>
<b>4</b>	<b>5</b> <u>CLOSED</u>	<b>6</b> 9:00am-12:00pm 1:00-4:00pm	<b>7</b> 9:00am-12:00pm 1:00-4:00pm <b>2pm Low Impact Strength</b>	<b>8</b> 9:00am-12:00pm 1:00-4:00pm	<b>9</b> 9:00-11:00am	<b>10</b>
<b>11</b>	<b>12</b> 9:00am-12:00pm 1:00-4:00pm	<b>13</b> 9:00am-12:00pm 1:00-4:00pm	<b>14</b> 9:00am-12:00pm 1:00-4:00pm <b>2pm Low Impact Strength</b>	<b>15</b> 9:00am-12:00pm 1:00-4:00pm	<b>16</b> 9:00-11:00am	<b>17</b>
<b>18</b>	<b>19</b> 9:00am-12:00pm 1:00-4:00pm	<b>20</b> 9:00am-12:00pm 1:00-4:00pm	<b>21</b> 9:00am-12:00pm 1:00-4:00pm <b>2pm Low Impact Strength</b>	<b>22</b> 9:00am-12:00pm 1:00-4:00pm	<b>23</b> 9:00-11:00am	<b>24</b>
<b>25</b>	<b>26</b> 9:00am-12:00pm 1:00-4:00pm	<b>27</b> 9:00am-12:00pm 1:00-4:00pm	<b>28</b> 9:00am-12:00pm 1:00-4:00pm <b>2pm Low Impact Strength</b>	<b>29</b> 9:00am-12:00pm 1:00-4:00pm	<b>30</b> 9:00-11:00am	

