Changes are coming to Iowa Medicaid

Beginning December 1, 2026, Iowa Health and Wellness Plan (Medicaid Expansion) members ages 19-64 will be subject to community engagement requirements. Your health coverage might be with Iowa Total Care, MolinaHealthcare, or Wellpoint.

Start preparing now! Scan the QR code to visit the Iowa HHS self-service portal to check if these new requirements apply to you and chat with Ellie, the portal's virtual assistant.

What are community engagement requirements?

Persons enrolled in the Iowa Health and Wellness Plan will need to document 80 hours per month of the listed activities, or a combination of these activities.

- **Work**
- **Education**
- **Job training program**
- **Volunteering**

Next steps:

Make sure your contact information is up to date with Iowa Medicaid. Iowa HHS will use this information to send out timely notices related to these changes.

To report a change to Iowa HHS, call 1-877-347-5678.