

January 2018 – Open Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 CLOSED	2 9:00-11:00am	3 1:00-4:00pm Sit & Be Fit @ 3:00pm	4 9:00-11:00am	5	6
7	8 1:00-4:00pm Chair Yoga @ 2:00pm	9 9:00-11:00am	10 1:00-4:00pm Sit & Be Fit @ 3:00pm	11 9:00-11:00am	12	13
14	15 1:00-4:00pm Chair Yoga @ 2:00pm	16 9:00-11:00am	17 1:00-4:00pm Sit & Be Fit @ 3:00pm	18 9:00-11:00am	19	20
21	22 1:00-4:00pm Chair Yoga @ 2:00pm	23 9:00-11:00am	24 1:00-4:00pm Sit & Be Fit @ 3:00pm	25 9:00-11:00am	26	27
28	29 1:00-4:00pm Chair Yoga @ 2:00pm	30 9:00-11:00am	31 1:00-4:00pm Sit & Be Fit @ 3:00pm			