

# February 2018 – Open Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 9:00-11:00am	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> 1:00-4:00pm Balance & Strength @ 2:00pm	<b>6</b> 9:00-11:00am	<b>7</b> 1:00-4:00pm Sit & Be Fit @ 3:00pm	<b>8</b> 9:00-11:00am	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b> 1:00-4:00pm Balance & Strength @ 2:00pm	<b>13</b> 9:00-11:00am	<b>14</b> 1:00-4:00pm Sit & Be Fit @ 3:00pm	<b>15</b> 9:00-11:00am	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b> 1:00-4:00pm Balance & Strength @ 2:00pm	<b>20</b> 9:00-11:00am	<b>21</b> 1:00-4:00pm Sit & Be Fit @ 3:00pm	<b>22</b> 9:00-11:00am	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> 1:00-4:00pm Balance & Strength @ 2:00pm	<b>27</b> 9:00-11:00am	<b>28</b> 1:00-4:00pm Sit & Be Fit @ 3:00pm			